

STUDIO 1 - TEEN/SENIOR/ADVANCED					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:30-4:30pm	Assistant Workshop Miss Michelle	Assistant Workshop Miss Michelle	Rolling/Fascia Release** Miss Natalie	Breathwork & Meditation* Miss Gillian	Jazz Miss Teegan
4:30-5:45pm	Pom Miss Hannah	Contemporary Miss Mary	Ballet (4:30-5:30) Miss Jo	Jazz Mr Campbell	Ballet (4:30-5:30) Miss Cinzia
5:45-7:00pm	Ballroom Ballroom Queens	Tap Mr Danny	Lyrical Miss Kelsie	Yin Yoga* Miss Natalie	Nutrition Miss Megan
7:15-8:45pm	Open Miss Kelsie	Jazz Tech Mr Campbell	Latin Ballroom Queens	Open Miss Reese	Improvisation Miss Mary
STUDIO 2 - JUNIOR/PRE-INTER/INTER					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:30-4:30pm	Acro Miss Teegan	Lyrical Miss Teegan	Ballet Miss Jo	Arts & Crafts Miss Teegan	Ballet Miss Cinzia
4:30-5:30pm	Hip Hop Miss Elexie	Tap Mr Danny	Yin Yoga* Miss Natalie	Breathwork & Meditation* Miss Gillian	Nutrition (4:45-5:45) Miss Megan
5:45-6:45pm	Theatre Jazz Miss Hannah	Jazz Tech Mr Campbell	Latin Ballroom Queens	Lyrical Mr Campbell	Open Miss Reese
7:00-8:00pm	Jazz Miss Michelle	Open Miss Michelle	Contemporary Miss Reese	Jazz Miss Teegan	Arts & Crafts Miss Reese
STUDIO 3 - PRE-MINI/MINI/PRE-JR					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:30-4:30pm	Hip Hop Miss Elexie	Tap Mr Danny	Contemporary Miss Reese	Tap Miss Rebecca	Open Miss Reese
4:30-5:30pm	Jazz Miss Michelle	Arts & Crafts Miss Teegan	Lyrical Miss Kelsie	Arts & Crafts Miss Rebecca	Arts & Crafts Miss Teegan
5:45-6:45pm	Arts & Crafts Miss Teegan	Jazz Miss Michelle	Arts & Crafts Miss Reese	Acro Miss Teegan	Ballet Miss Cinzia
7:00-8:00pm	Acro Miss Teegan	Lyrical Miss Teegan	Ballet Miss Natalie	Yin Yoga* Miss Natalie	Jazz Miss Teegan
*Bring Yoga Mat and Blocks (if available). **Bring Lacrosse Ball or Fascia Release Ball of choice (tennis, pinky etc)					